

WELCOME TO HENLLANFALLTEG

Henllanfallteg is not part of your address and you won't find it on any road signs but since 1935 it has been the official name of the Community you have come to live in. It comprises the villages/communities of Llanfallteg, Henllan Amgoed, Cwmfelin Boeth, Hiraeth, and Rhydywrach. Outside our Community Area you will not find too many people who have heard of it either! Use the village names – they are well known!

Postal addresses can be confusing but the vast majority are Whitland SA34, but there are in the western edge a few that are Clynderwen SA66 addresses. Phone numbers equally confusing with the western side mostly 01437 (up to the centre of Llanfallteg) and to the eastern side 01994, Whitland or Llanboidy numbers. The other exchange that borders onto us is 01834 Narberth on the southern side.

HENLLANFALLTEG COMMUNITY ASSOCIATION was set up in 1995 and subsequently took on with help from ACCT the construction of The Millennium Hall, with grant money from the National Lottery and Millennium Commission.

The Henllanfallteg Community Association has prepared this information for new residents. The Community Association publishes a newsletter every four months and organises functions throughout the year. Most of these take place in the Millennium Hall in Llanfallteg where you also come and vote.

To book or enquire about the Millennium Hall, follow the link on the community Web Site or Phone Myrddin Pynn 07747733345

VOTING

We are in the West Carmarthen and South Pembrokeshire constituency as far as Parliamentary and Welsh Assembly elections are concerned and we are currently represented by Simon Hart, Constituency Office 15 St John Street, Whitland, SA34 0AN. Tel: 01994 342002 and Angela Burns AM . Email: angela.burns@wales.gov.uk
Telephone: 029 2089 8384

Our European Parliamentary Members have just been voted in.

Dr Kay Swinburne (Con) 02920 616031 kay.swinburne@yahoo.com

Derek Vaughan (Lab) 029 2022 7654 contact@welshlabourmeps.org.uk

Jill Evans 01239 623611 (Plaid Cymru) jill.evans@europarl.europa.eu

Nathen Gill (UKIP) 0800 587 6 587

Carmarthenshire County Council is our unitary authority and can be reached at 01267 234567. They have many offices in Carmarthen and Llanelli. Our County Councillor is Sue Allen. Penycoed Farm, Whitland SA34 0LR Tel 01994 240036 Her email address is smallen@carmarthenshire.gov.uk and she also has a website : www.sueallen4whitland.co.uk.

Our Community Councillors are, Dave King., Clive Mortlock, Lyn Bright, Gethin Gibbin, Haydn Owen, Steve Gomyer and Brian Haddon. Community Council Meetings are held generally on the second Thursdays in May, July, September, November, January & March at 7.00pm in the Millennium Hall. The Council Clerk is Mrs Ella Beattie, Bwthyn Yr Afon Llanfallteg, WHITLAND, SA34 0UN – Tel 01437 563149. The current chair Dave King on 07980579503.

MEDICAL

Local doctor's surgeries are;

Meddygfa Taf, North Road, Whitland SA34 0AU. Phone 01994 240195 for appointments, 01994 240916 for repeat prescriptions.

Narberth Practice, Bloomfield Road, Narberth phone 01834 860316.

Hospitals; You are about 17 miles from Withybush General Hospital, Haverfordwest phone 01437 764545;

22 miles from West Wales General Hospital, Carmarthen phone 01267 230581

VETS

Spoiled for choice here. Allan and Partners, Whitland 01994 240318, Arberth Vet centre, Redstone Rd Narberth 01834 860378, Carmarthen Veterinary Centre, 01267 236523, Market Hall, St Clears 01994230451. All give 24 hr service along with morning afternoon and evening surgeries, small and large animals alike. Others in Haverfordwest, Pembroke, Tenby and Cardigan.

EDUCATION

The appropriate school for children up to 11 is at a new school at Llanboidy - Ysgol Bro Brynach. For further information contact the Headmistress Ceirios Jenner on 01994 448268. Secondary education is provided at Dyffryn Taf the large comprehensive school at Whitland. For details ring 01994 242100. Ysgol Y Preseli at Crymmych is the Welsh mainstream School and there is also Ysgol Bro Myrddin in Carmarthen.

Children under 11 with special needs can attend Ysgol Myrddin Special Unit in Carmarthen. Children with special needs over 11 can attend White Mill Special Unit and also the Hub at the New Queen Elizabeth High School at Carmarthen.

PLACES OF WORSHIP

There are no churches functioning in the Community area now. Whitland and Clynderwen are the nearest and the Vicar of Whitland Rev Kingsley Taylor phone 01994 240494 officiates.

There is a big Independent chapel at Henllan Amgoed with services every Sunday.

POST OFFICE

The Post Office in Llanfallteg is at Troed-y-rhyw on Tuesdays 9.30 - 13.30. The Post Boxes are all emptied in evenings around 4.30 pm Monday to Friday, and the Llanfallteg box is believed to be emptied weekday mornings and Saturday mornings between 7 and 9.30. No Sunday or Bank Holiday collections or deliveries.

There is also a Post Office in the Petrol Station in Llanddewi Velfrey, open from 09.00 to Noon Monday to Friday. Additionally a fuller service is available from Whitland Clynderwen and Narberth. Whitland closes for lunch 13.00 to 14.00 and has a half-day on Wednesdays and Saturdays.

REFUSE COLLECTION

The bin men run round every Tuesday mid morning. Depends exactly where you live as to exact time. Blue bags one week for recycled materials other than glass, black for general rubbish. Food caddies every week. Paper. Can and Glass re-cycle bins by the Millennium Hall.

RECYCLING PLANT

CCC recycling plant has opened in Whitland at the Mart Ground, (Near the western end roundabout) Open 08.00 to 18.00 weekdays and Saturdays, 10.00 until 16.00 on Sunday. Takes almost anything. Cardboard, Hard plastic, Builders rubble, metals, Old white goods, furniture, electrical, batteries, gas bottles, wood as well as general rubbish. Usually no charge but Tyres and Gas Bottles are an exception.

PUB

The Plash Inn is a friendly traditional pub in Llanfallteg. Carmarthenshire CAMRA Pub of the Year in 2012. Real Ales.

Opening Hours: Monday & Tuesday - 5pm to 11pm
Wednesday to Sunday - 12noon to 11pm

Food is available during all opening hours.

For Details of forthcoming Events, Guest Ales, Special Offers, etc. please visit www.theplashinn.co.uk or scan this QR Code with your Smartphone:



Steve and Christie from Nuneaton originally, are in charge 01437 563472.

PLAY AREA

The children's play area is behind the Millennium Hall. There are swings, a slide, a designated toddler area for under 5s, a grass kick-about area and a hard surface area. The Llanfallteg Memorial Playing Field trustees, a registered charity, run the Play Area. Sec of Trustees is Dave King, Taf House, Llanfallteg.

DELIVERIES

Milk delivery has ceased (2008).

Bread is delivery has ceased (2009)

Coal K.P. Thomas, Templeton 0800 328 60330 / 1834 861438, T D Williams Whitland 01994 419322. CCF Co op deliver coal.

Oil – K P Thomas, Templeton 0800 328 60330 / 1834 861438, O J Williams, St Clears 01994 230355 and J E Lawrence, Clarbeston Road 01437 731306 all deliver. There is a local consortium buying at a small discount. See Hazel at the Post Office.

Bottled Gas - from Llanddewi Garage – can deliver, or K P Thomas, also deliver.

Meat - Bethesda Meats deliver (also milk). Andrew Rees Narberth - also deliver.

LIBRARIES

Whitland phone 01994 241426

Open Monday Tuesday 9.30 to 11.30; Friday 1.30 to 4.30;

Narberth phone 01834 861781

Open Tuesday 2 to 6; Wednesday 2 to 6; Thursday 10 to 12, 2 to 5; Saturday 10 - 1

Mobile Libraries - Outside The Plash the fourth Wednesday every month from 10 am to 10.30

ELECTRICITY (Breakdowns)

South Wales (Swalec)	Western Power Distribution	0800 052 0400
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POLICE

Emergency 999 on land lines, 112 on mobiles

Non emergency - **101** or **01267 222020** or **0845 3302000**

Community police team - communitysafety@carmarthenshire.gov.uk or 01267

234 567 (Day time Mondays to Fridays)

SHOPPING

Locally. Our nearest "village shop" is Londis at Llanddewi Velfrey on the A.40 where you can buy groceries, fresh bread, papers etc as well as petrol and bottled gas.

Supermarkets. There are small supermarkets in Narberth (Costcutters, CK & Spar)

Clynderwen (Spar) and Whitland (Co-op and Pioneer) but for the big supermarkets

you have to go to Kilgetty (Co-op), Haverfordwest (Tesco, Morrisons, Aldi, Lidl),

Carmarthen (Morrisons, Tesco, Lidl). Pembroke Dock for Tesco, Asda Lidl
Butchers - There are excellent local butchers at Whitland and Narberth.
Chemists – Boots, Whitland phone 01994 240323
Lloyds, High St, Narberth phone 01834 860486
Lloyds, Northfield Road, Narberth phone 01834 861294
Clynderwen (at Post Office) 01437 563200

LEISURE

Swimming; Narberth (and it's free for pensioners). Threatened to close Aug 2014.
Walks – See the notice board outside the Hall, and there are supporting leaflets available from The Hall and The Plash.
Short mat bowls. Millennium Hall Tuesdays 7.30 September to May,
Local History Society Millennium Hall 4th Thursday every month 7.30 - can change when there is a visit away from "home"
Table Tennis on Thursday evenings.
Welsh - None at present. Watch out in early September for the year's program.

PUBLIC TRANSPORT

There is one bus out and one bus into the village (on a Wednesday). Runs from Clunderwen end through to Henllan Amgoed and then to Cwmfelin Boeth, before going on to Whitland and St Clears. Details from Jones Coaches, Login. Tel 01437 563277. (info@joneslogin.co.uk)
Bus to Carmarthen or Haverfordwest stops at Llanddewi Velfrey near Parc y Lan for Carmarthen and opposite phone box to Haverfordwest. Times on the bus stop signs. Pembrokeshire College bus from same place in term times.
There are train stations at Clynderwen, Narberth and Whitland.
Full timetables for bus and train are on line at Pembrokeshire County Council or Carmarthenshire County Council web sites.

THE COUNTRY CARS SCHEME

This scheme aims to assist people who find themselves without transport for essential purposes such as to the doctors, dentists etc or to a source of public transport. It is run by the WRVS, and financed and supported by Carmarthenshire County Council who pay for the fuel used by their teams of volunteer drivers. A fare is charged, much like a bus fare, with bus passes halving the cost to people using the service.
New volunteers are welcome to the scheme, which doesn't ask for more time than a volunteer is prepared to give – just a few hours a week is valued.
Contact Liz O'Neill on 01994 240717 about the scheme, bearing in mind that you must have genuine problems with transport.

HISTORY

The History Society have recently published a book – copies available from the Post Office, Plash Inn, or Society Members at £10.00. Is available in English and Welsh

WEBSITE

Our community website address is www.llanfallteg.org. Webmaster is Jamie King, 07771965104 or e-mail - website@llanfallteg.org. The webmaster tries to keep this current and up to date. It has undergone a substantial revision in December 2013.

COMMENTS

This welcome pack is a new venture. Any comments would be very welcome.
Peter Icke, Waters Reach, Llanfallteg. Tel. E mail - icke34@outlook.com or Dave King, Taf House, Llanfallteg. Tel 07980579503 E mail – davemking@llanfallteg.org.

Revised July 2014